

Sunday Supplement – Ephesians 6:1–4

A renovated heart relies on obedience, honor, blessing, and intentionality to build the family.

Demolition

The lie we must tear down is: **family is optional and disposable**. Our culture often treats family relationships as temporary or based on convenience. The gospel reminds us that God designed the home to be one of His primary places of discipleship, where faith is nurtured from one generation to the next.

Foundation

Our identity in Christ is the foundation for healthy families. Because we have been chosen, adopted, redeemed, and loved by God, we honor one another—not because people always deserve it, but because Christ has already declared their worth. The family becomes a place where God's grace is lived out daily.

Rebuild

Replace self-centered living with **honor, obedience, intentional discipleship, and sacrificial love**. Children are called to honor their parents. Parents are called to raise their children in the instruction and discipline of the Lord without provoking them to resentment. Healthy homes are built as every family member reflects the character of Christ.

Renovation

God doesn't simply renovate behavior—He renovates hearts. As hearts are transformed by the Holy Spirit, homes become places where the next generation learns to know, love, and follow Jesus. A grace-filled family becomes a powerful witness of God's reconciling work in a fragmented world.

Reflection Questions

- Is my home reflecting God's priorities or the priorities of our culture?
- How can I better honor the people God has placed in my family?
- Am I intentionally helping the next generation grow in their faith?
- What area of my heart is God inviting me to renovate today?
- Do my daily rhythms point my family toward Jesus?

Suggested Next Steps

- Pray together as a family this week.

- Read Ephesians 6:1–4 and discuss one practical way to live it out.
- Set aside intentional time for Scripture, prayer, or meaningful conversation at home.
- Encourage or honor a parent, child, or grandparent with your words and actions.
- Ask God to show you one relationship where He wants to bring greater reconciliation and grace.

Key Truth: *The goal is not a perfect family—it is a home where hearts are transformed and disciples of Jesus are formed.*