

Sunday Supplement: Resurrected Families

Text: Genesis 32–33

Big Idea

God resurrects families when wounded people choose grace over payback, humility over pride, and kindness over harm.

Summary Points

1. Seek life, not harm.
2. Move toward one another.
3. Practice humility.
4. Forgive and release past hurts.
5. Offer grace.
6. Reject manipulation.
7. Act with kindness.
8. Return to worship.

Reflection Questions

1. Where are you choosing payback over peace?
2. Are you waiting for the other person to move first?
3. What would humility look like now?
4. What past hurts are you replaying?
5. How has God shown you grace?
6. Are you holding control in a relationship?
7. How can you show kindness this week?
8. How can you rebuild worship?

Suggested Next Steps

1. Pray first.
2. Take one step toward reconciliation.
3. Practice confession and forgiveness.
4. Choose humility.
5. Show intentional kindness.
6. Set healthy boundaries.
7. Rebuild an altar.

Closing Prayer

Lord, resurrect what feels broken in our families. Give us grace to forgive, courage to move, humility to bow, and love to restore. Amen.