

Sunday Supplement

Invitations of Grace – Walking by the Spirit | Galatians 5:16–25

Big Idea: As adopted children of God, we are called to daily follow the leading of the Holy Spirit.

Key Summary Points

- Christian freedom is not freedom to indulge the flesh but freedom to serve one another humbly in love (Galatians 5:13).
- The flesh and the Spirit are in conflict. Walking by the Spirit requires intentional obedience and dependence on God (Galatians 5:16–17).
- The acts of the flesh include jealousy, selfish ambition, rage, impurity, and envy (Galatians 5:19–21).
- The fruit of the Spirit—love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control—reveals the Spirit’s work in us (Galatians 5:22–23).
- Each day presents a choice: walk according to the flesh or keep in step with the Spirit (Galatians 5:25).

Reflection Questions

- Where are you currently facing a “fork in the road” moment in your life?
- Which acts of the flesh tend to pull at you the most?
- Which fruit of the Spirit do you see developing in your life right now?
- What might it look like for you to keep in step with the Spirit this week?

Suggested Next Steps

- Begin each day with a simple prayer asking the Holy Spirit to guide you.
- Pause before key decisions and ask: Is this the flesh or the Spirit?
- Focus on intentionally practicing one fruit of the Spirit this week.
- Invite the Spirit into daily choices, conversations, and habits.

Prayer: Holy Spirit, guide our thoughts, words, and actions. Help us walk in freedom and grow in the fruit you desire for our lives. Shape us into people who reflect Christ in everything we do. Amen.