

HIStory – Part 6

Old Temple & New Temple | Exodus 25 | 1 Corinthians 6:19–20

Big Idea

God dwells in you to display His holiness to the world and so that His presence can go wherever you go.

Sermon Summary

From the beginning of Scripture, God's heartbeat has been to dwell with His people. In Genesis, He walked in the garden. In Exodus, He instructed Moses to build a sanctuary so He could dwell among Israel. His glory filled the tabernacle and later the temple. In the New Testament, Jesus "made His dwelling among us." When He died, the temple curtain was torn in two. At Pentecost, the Spirit descended in fire. Now, according to 1 Corinthians 6:19–20, believers are the temple of the Holy Spirit. The holiness that once rested behind a curtain now resides in you. You were bought with a price. You are not your own. Your body is sacred because it houses the Spirit of God.

Key Truths

- God desires proximity, not distance.
- God moves from a place (tabernacle) to a person (Jesus) to a people (the Church).
- Your body is sacred because it houses the Spirit.
- Holiness is not restriction—it is representation.

Questions for Reflection

- What does it mean to you that God's presence dwells in you?
- In what areas of your life are you honoring God with your body?
- Are there habits or patterns that contradict the holiness of the One who dwells in you?
- How would your daily decisions change if you truly lived as a mobile temple of the Holy Spirit?
- What mindset shift is needed from 'my body, my choice' to 'I was bought with a price'?

Action Steps (Lenten Invitation)

- Give Up: Identify one habit that does not reflect the holiness of God in you.
- Take On: Develop one discipline that honors God with your body (fasting, prayer, rest).
- Pause before major decisions and ask: Does this honor the One who dwells in me?
- Practice daily gratitude for the Spirit's presence within you.

Prayer Focus

Gratitude that God desires to dwell with us. Confession where we have not honored Him with our bodies. A renewed mindset: We are not our own. A purified life that reflects His holiness to the world.