

October 5, 2025

In light of everything happening in the world, our church is observing a weekly fast by encouraging everyone to skip their first meal on Mondays as a simple, unified act of prayer, humility, and dependence on God.

The Sovereignty of God

Scripture Reading and Meditation:

- Psalm 93:1–2 – “The Lord reigns... Your throne is established from of old.”
- Isaiah 46:9–10 – God declares the end from the beginning; His purposes will stand.
- Romans 8:28–30 – God works all things together for good for those called according to His purpose.

Experiencing Through Disciplines:

- Submission: Practice yielding your will to God daily in prayer: “Your will be done.”
- Prayer of Examen: Reflect each evening on how God’s hand guided your day.
- Community: Share testimonies in a small group of God’s sovereign work.

Questions for Reflection

1. Where in my life am I resisting God’s control?
2. How does trusting God’s sovereignty bring me peace?
3. How can I remind myself daily that God is on the throne?