

August 24, 2025

Practicing Community and Solitude

Community:

- Intentionally sharing life with other believers – encouraging each other, praying together, and bearing one another's burdens as a spiritual family.
- Living in community provides accountability and support in our faith journey.
- Through fellowship in church or small groups, we grow in humility and character as we put others before ourselves.

Solitude:

- Withdrawing to spend time alone with God, away from distractions and noise.
- Cultivating an inward quietness of heart and learning that God's presence is enough.
- Following Jesus' example of going away to pray, renewing our soul.

Practicing Community:

- Commit to a regular gathering like a small group or Bible study.
- Be actively involved in your local church.
- Find an accountability partner or spiritual mentor.

Practicing Solitude:

- Carve out a daily quiet time to be alone with God.
- Take occasional solitude retreats.
- Incorporate "little solitudes" into daily life.

Questions for Reflection

1. Which do I tend to neglect more – community or solitude – and why?
2. What is one step I can take this week to connect with others or get alone with God?
3. How might solitude enhance my relationships in community, and vice versa?